

# THE VALHEIM TIDENDE



Volume 16 Issue 2

SPRING GROVE, MN 55974

March/April 2014

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## 2014 Officers

President  
Karen Fried  
Vice Pres.  
David Peterson  
Counselor  
Vernon Roble  
Secretary  
Kati Peterson  
Treasurer  
Loretta Knutson  
AsstSec/Treas  
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Marshals  
Emma Landsom  
Janet Fossum  
Greeters  
Morris/Geneva Tweeten  
JudyMelbostad  
Editors/Publicity  
Georgia Rosendahl &  
Karen Fried  
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Georgia Rosendahl  
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Lawrence Knutson  
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Darrell Sinclair  
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Diane Nerstad &  
Linda Nerstad-Kemp

## WINTER...It's been a good one!

It seems that March is coming in like a lion (snow, cold...not too much different than December, January and February) but we hope this means we can look forward to March going out like a lamb!!? And many warm days ahead filled with Sons of Norway activities!

**Saturday, March 8,** -- Monthly meeting at 11:00 a.m. at the Legion; Program -- Laurann Gilbertson will share the story of Norwegian Lutheran Deaconess Homes and Hospitals in Brooklyn, Chicago, and Minneapolis. Deaconesses did not marry so they could dedicate their lives to serving humankind and the church. They were trained, consecrated, and assigned to work as nurses, hospital administrators, social workers, parish workers, teachers, and missionaries.

**Thursday, April 10--** Monthly Meeting , 7pm at the Legion. Lanesboro Heimbygda Lodge will be our guest and the Highland Singers will be our program.

**Saturday, April 19 --** Our anual "Flatbread Day". We will make flatbread, and also some other Norwegian goodies. We invite members to bring their ready to make flatbread recipe (or mix it at church). Together we will roll out and bake flatbread! If you would like to make another Norwegian treat, please bring that. This event is open to the public. Invite your friends to Trinity Lutheran Church kitchen for a morning of fun. Once again we will be printing our *Learn, Laugh, Eat!* recipe booklet. If there are recipes you would like to include in it, we encourage any member to submit recipes. Preferably a Norwegian recipe or a traditional recipe that has been used by your family. Please mail or turn your recipes into Karen Fried or Georgia Rosendahl on or before April 10.

**May 16-18** Syttende Mai in Spring Grove -

We are in the planning stages as to what we will be doing for Syttende Mai, but at this time it is looking similar to the past few years with us having a bake sale, demonstrations and displays. Please speak up, give a call, send an email if you have any ideas.

## Learn, Laugh, Eat!!!

Sons of Norway Valheim Lodge 364

invites you to

## FLATBREAD DAY

& other NORWEGIAN Goodies!

## Saturday, April 19, 2014

Trinity Lutheran Church Kitchen Spring Grove, Minnesota

### 9-11 a.m.

Hands on - Join in making Flatbread & other Norwegian Goodies with our Sons of Norway members; come any time

It will be a fun morning!  
Open to ANYONE & EVERYONE!!!  
No admission! IT'S FREE!!  
and you can Taste test the results!



An updated Recipe booklet will be available for \$5  
Any questions? Contact Janet Fossum or Karen Fried

# 15TH ANNUAL BARNELOPET



February 1, 2014. The day of the 15th BarneLOPET was calm, chilly, a little bit of fresh snow falling and wonderfully attended. 68 participants (43 families) from Decorah, Waukon, Cresco, Lime Springs, Fort Atkinson, Canton, Lakeville, Farmington, St. Cloud and Madison, WI. 11 dozen cookies were consumed along with almost 4 gallons of hot chocolate. Jon and Mary Hart of Decorah made a large donation to the event which paid for all the participants entry fees as well as a t-shirt for all participants. This was done in memory of Kjell Arne Berntsen, who had been a Valdres exchange student with them many years ago. Kjell died in an outdoor sporting accident last spring.

[norwegianridge.org](http://norwegianridge.org)  
*Norwegian*



## GIANTS OF THE EARTH NORWEGIAN LANGUAGE CAMP! SPRING GROVE, MN

### VALHEIM LODGE ONCE AGAIN WILL OFFER SCHOLARSHIPS!

"Here and Back Again: Celebrating 200 years of Norwegian independence, influence, and innovation!" is the theme this year. Session One will be held June 9-13 for four to seven year-olds and for Session Two, June 16-20 for all who are older.

2014 is the Bicentennial of the Norwegian Constitution, and we will join in celebration of it at camp.

Tuition remains the same this year: \$195 for Session One and \$295 for Session Two. It is possible to register online at [norwegianridge.org](http://norwegianridge.org) or by mailing the registration form to PO Box 241 in Spring Grove, 55974.

A week at camp would be a marvelous gift to receive from grandparents, godparents or a favorite aunt and uncle.

To find out more info about the scholarship, please contact our treasurer, Loretta Knutson. (507) 724-2140 [landlknutson@gmail.com](mailto:landlknutson@gmail.com)

### VALHEIM LODGE - NORWEGIAN RIDGE LANGUAGE CAMP SCHOLARSHIP

To qualify for refund of 25% payment for the Norwegian Ridge Language Camp the following must be met:

1. Camp fee is paid by a young person's parents, grandparents or great grandparents who are members as of December 31, 2013 of Valheim Sons of Norway Lodge.
2. He/she can be a young person living in the same household as a current Valheim SON member who pays the camp fee.
3. The camper must successfully complete the camp requirements.
4. Only one camp fee refund for each Valheim member per year.
5. An application must be made by the Valheim member for refund of 25% of the camp fees to Loretta Knutson, Valheim Treasurer.
6. Camper must be 18 years old or younger
7. Only 10 scholarships for each encampment will be awarded. (10 for the 4-7 year old camp/10 for the 8 and older camp)

# 2013 TUBFRIM WINNER

It wasn't us....Tuesday, January 7, 2014 was a lucky day for Vegas Viking Lodge 6-152 in Las Vegas, Nevada. The lodge was the winner of the Tubfrim drawing to give away a ticket to Norway, worth up to \$1,000. Their postcard was drawn from among 1,229 other cards. With one card for every pound sent to Norway that means that Sons of Norway sent at least 1,229 pounds of stamps to Tubfrim in 2013.

Sons of Norway members have been an integral part of Tubfrim's success since 1986. Lodges and individuals participate by clipping used stamps and sending them to Tubfrim, which sells them to dealers and collectors.

Originally the money raised went to help children afflicted by tuberculosis. Since tuberculosis is no longer the threat to health that it once was, today the proceeds from the resale of stamps helps improve the quality of life for children and youth with disabilities and special needs. Sons of Norway members are the largest contributor outside of Norway to Tubfrim's efforts, sending nearly 30% of all stamps collected.

Lee Grippen, continues to coordinate our lodge's Tubfrim stamp efforts. If you have any stamps, please...maybe one of these years our Lodge's postcard will be the lucky winner!

Lee reminds us to save used postage stamps for Tubfrim. Bring them to any monthly meeting.

## Sympathy to the families of

**Milford Carlton Landsom**, 91, of Spring Grove, died Tuesday Jan. 14, 2014, at Gunderson Health System in La Crosse, Wis. He was born in Ray, N.D., on Sept. 26, 1922, to Oscar and Bergit (Berntzen) Landsom.



Milford moved to the Spring Grove/Mabel area at a very young age where he farmed with his father and uncles. He joined the U.S. Army during World War II and was honorably discharged. He returned to Spring Grove where he married the love of his life, Emma Berquam, on March 20, 1948. His lifelong farming with Emma was very respected and it achieved many soil and water conservation awards.

They enjoyed traveling, especially to Norway where they could use their language skills. They also enjoyed camping, dancing, playing cards, and family get-togethers. He was a lifetime member of the American Legion and served as commander of Legion Post #249. He was also a member of the Mabel VFW and an active member of Sons of Norway (since 1972).

Survivors include his wife, Emma, of 65 years; his six children, Ozzie (Sue) of Mabel, Don (Bev), Steve (Peggy), Rick (Shirley), and Deb (Tom Lawson), all of Spring Grove, and Merle (Lynette) of La Crescent; as well as 17 grandchildren, 13 great-grandchildren, stepgrandchildren, his sister, Genevieve Holty, many nieces and nephews, two sisters-in-law, and two brothers-in-law.

He is preceded in death by his parents, three sisters, Lillian Ingvalson, Josephine Rauk and Gladys Wennes and infant son John.

Funeral services were held on Friday, Jan. 17, at Trinity Lutheran Church, in Spring Grove. Burial was in Trinity Church Cemetery. American Legion Post # 249 of Spring Grove provided military rites.

**Leona Mae Lindstrom Grippen**, 94, passed away peacefully on February 15, 2014 at her Assisted Living of Durand home, with family members and friends nearby. Leona was Lee Grippens mother.

**Ralph Alvin Lane**, 90, of Spring Grove died Sunday, Feb. 23, 2014, at Gunderson Health Systems in La Crosse. Ralph had been a member of Valheim Lodge since July 11, 1946.

## Matlyst Monthly Fiskekaker (Norwegian Fish Cakes)



Adapted from gooseberrymoosberry.com

Makes 6 cakes

- 1 lb white fish fillets (such as cod or haddock)
- ½ tsp salt
- ⅛ tsp pepper
- ⅛ tsp ground nutmeg
- 1 egg white
- 1½ tbsp corn starch
- ½ to 1 cup ice-cold milk, more if needed
- 1 tbsp finely chopped chives
- 1-2 tbsp canola oil for frying

Dry fillets with paper towels and cut into large pieces. Process fillet pieces in a food processor. Add egg white, corn starch, salt, pepper and nutmeg to processor and grind until blended. Set the processor to a low speed and slowly add milk through the chute until the mixture has a

paste-like consistency, using as much milk as the mixture can absorb without becoming too watery to form the cakes. Add chives to mixture and process. Move mixture to a bowl.

Heat oil in a large pan on medium heat. Divide mixture into 6 portions and form into cakes (roughly 2-3 inches wide). Fry cakes for four minutes each side or until golden brown. Serve and enjoy.

Remoulade Sauce (makes 1½ cups)

- 1¼ cups mayonnaise
- ¼ cup mustard
- 1 tbsp sweet paprika
- 1-2 tsp cajun or creole seasoning
- 2 tsp prepared horseradish
- 1 tsp pickle juice (can substitute lemon juice or vinegar)
- 1 tsp hot sauce
- 1 large clove garlic, minced and smashed

# Valheim Lodge Meetings

## January 2, 2014

The Executive Board of the Sons of Norway, Valheim Lodge 1- 364, met on January 2, 2014, in the Giants of the Earth meeting room, President Karen Fried presiding.

The regular January meeting of the Sons of Norway will be held on Souper Saturday, January 11, 2014. Each member is asked to bring a can of soup, and your own bowl and spoon.

Judy Melbostad reported that the Book Club is reading "Death in A One Room Country School" by Elaine Hegg in January. Miss Hegg will also be our speaker at our January Lodge meeting.

The 2014 Barneløpet will be held on February 1st in Decorah, Iowa. The Board voted to donate \$75.00, by Sign of the Order, to the event. Janet Fossum will make and donate cookies for the event.

The Bake Sale of December 14, 2013, grossed \$853.00. The lefse and advertising has not been paid yet. Donations are still coming in to Loretta.

Postage stamp cost is going to increase in January. Georgia Rosendahl will purchase a 2 month supply.

At our April meeting, we will be hosting the Lanesboro Lodge, the Highland Singers will present a musical program. The meeting will begin at 7 p.m. We need to consider our menu for that evening. Snack foods and sandwiches were suggested.

Lawrence Knutson reported on his efforts to purchase a new speaker system. We should have a locked cabinet that we can store our equipment. David Peterson will check with the American Legion to see if there is space for us to store the cabinet. He and Lawrence Knutson will discuss the situation at the January meeting. Using our bequest from the Connie Dahler estate to purchase a new system and cabinet was suggested. The Lodge could pay any additional funds for the purchase.

June will be Show and Tell month.

The Sons of Norway District One Convention is scheduled for June 12 - 14, 2014 in Duluth, Minnesota.

There is no new information about the new Lodge sign.

Discussion took place concerning the rebate to Lodge members for the Language Camp registration fee. At present we reimburse members for 1/2 (\$100) of the \$200.00 registration fee. As the Camp grows our treasury could quickly become depleted. We should think about and discuss reducing the rebate to 1/4 (\$25.00). Discussion is also needed on the scholarship program.

The Lanesboro Lodge has indicated that they would like to join us on a day trip this summer. Or we could join them on a trip. We need to look for a good place to visit.

We discussed having another flatbrød Day before our annual December Bake Sale.

*Respectfully Submitted*  
Kati Peterson  
Secretary

### Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members.

## January 11, 2014

The January meeting of the Sons of Norway Valheim 1-364 was held on January 11, 2014, at 11 a.m. in the American Legion meeting room; President Karen Fried presiding. She welcomed guest LeeAnn Virock. The anthems were sung. Lee Grippen introduced our speaker Elaine Hegg. She in turn introduced her husband David, Sandy Hanson Morey, JoAnn and Mike Novak, Shirley Nierling and LaVonne Bjergum. Ms Hegg spoke about her book, "Death in a One Room Country School." The book is based on an actual event that took place just over the state line, in Iowa.

Geneva Tweeten reported that the Book Club was reading "Death in A One Room Country School" by Elaine Hegg for January. They may read "Twelve Years a Slave" by Solomon Northrup in February. The Book Club will meet at 2 p.m. on January 21st at the Assisted Living Apartments, and don't forget the treats. Shirley Sylling is a resident of the apartments and Norma Reed is a resident at the Spring Grove Manor. Mr. Northrup wrote his book from his own experience as a slave.

Jill Storlie reported that anyone wishing to see the scenery of Norway could watch the movie Frozen". The film was shot in Norway.

President Karen awarded Loretta Knutson her second medal for walking. Each pin award is begun at zero. Loretta walked 180 miles for this pin.

Lawrence Knutson reported that we will be able to use the Legion's sound system for our meetings.

The Sons of Norway voted to donate \$100 to the American Legion for the use of their meeting room. We may donate again if we need additional use of the meeting room.

Vice-President David Peterson will look for a suitable cabinet to be used to store items of the Sons of Norway in the American Legion building.

Lee Grippen made a motion that we use all or part of the bequest from the Connie Dahler estate to purchase a cabinet for storage to be used at the American Legion building and to place a plaque on the cabinet that the cabinet was a donation from Connie Dahler. Janet Fossum seconded the motion. Motion was passed by Sign of the Order.

The members voted to donate \$75.00 to the Barneløpet being held in Decorah, Iowa, on February 1st. Janet Fossum volunteered to make and donate cookies for the event. The event begins at 10 a.m.

President Karen spoke about a need for ideas, sponsors, and volunteers as well as dates of the Language Camp scheduled for June of this year.

The next Executive Board meeting will be held at the Ballard House at 4:15 p.m. on February 5, 2014.

*Respectfully Submitted*  
Kati Peterson  
Secretary

2014 marks the bicentennial of the signing of the Norwegian Constitution and Norwegian Independence. The logo features a stylized "Ja Vi" and a heart which refers to the Norwegian national anthem "Ja Vi Elsker" Lodges and other Norwegian groups are encouraged to have special events celebrating this special year for Norway



BICENTENARY  
NORWEGIAN CONSTITUTION  
1814-2014

## February 5, 2014

The Executive Board of the Sons of Norway Lodge 1-364 met on Wednesday, February 5, 2014, at 4:15 p.m. in Heritage Hall at the Ballard House, President Karen Fried presiding.

Vice-President David Peterson reported that the movie screen in the American Legion meeting room is in place and that he has received instructions on the operation of the sound system. It has a 25 foot cord. Vice-President David has found two cabinets that can be used for storage at Menards. Both are 60 inches high, 48 inches wide and 20 inches deep. One is priced at \$119 and not as sturdy as the one priced at \$199. The Board agreed that the cabinet priced at \$199 would be better for our use. Motion to purchase the cabinet was made by Lee Grippen and seconded by Judy Melbostad. Motion was passed by Sign of the Order.

We will need to get a plaque stating this was received from the bequest from the Connie Dahler estate and also that the cabinet is the property of Sons of Norway. We will need to get a way to secure the cabinet.

President Karen reported that the Barnelopet had a nice day and was a success. There were about 60 people there.

Loretta Knutson reported that she had received membership award pins. She will award them at the regular meeting. The bill for them was close to \$100.

Geneva Tweeten reported that the Book Club is reading "Twelve years a Slave" by Solomon Northrup. There is a movie of the book that has received nominations for Academy Awards. Geneva would like to get the video of the book, but not sure if the newest movie version is out on DVD yet.

Loretta Knutson passed out copies of the financial report for 2013 to the Board members. We have a \$2400 CD that is due February 12. If we do nothing it will automatically roll over.

President Karen said that the Norwegian Ridge Language Camp will need financial support as well as volunteers in June.

A Discussion was held about the 50% refund for campers in direct lineage to a member. A motion to reduce the refund from 50% to 25% for campers in direct lineage to a member that was a member of Valheim Lodge by December 31 of the previous year was made by Judy Melbostad, seconded by Georgia Rosendahl and passed by Sign of the Order.

A day trip to Fountain to visit the Fillmore County Museum this summer was suggested.

Janet Fossum will contact Trinity Lutheran Church to reserve a Saturday in April for our Bake Day--preferably the 19th or 26th, May 1st if necessary.

Our Lodge goes to Winona this year. We will discuss a change of date with Westby at a later date.

Vice-President David stated that we need a younger person to help with the boat. Loretta Knutson will ask J. C. Nerstad if he knows of someone.

*Respectfully Submitted*  
Kati Peterson  
Secretary

## February 8, 2014

The February meeting of the Sons of Norway Valheim Lodge 1-364 was held on Saturday, February 8, 2014, in Heritage Hall in the Ballard House. President Karen Fried called the meeting to order at 11 a.m. She welcomed Roger Olson, our speaker, and

his wife Joan. She also welcomed Evonne Morken, a past member of Valheim Lodge. The anthems were sung.

Lee Grippen introduced our speaker, Roger Olson. Roger presented a slide show of the Hurtigruten, the fleet of boats that cruise to Northern Norway and back along the Northwest shoreline of Norway. It was a very enjoyable program.

After the program, Loretta Knutson presented 25 year, 35 year, 40 year, 50 year and 60 year pins and certificates of membership.

After lunch President Karen thanked Mr. Olson for a very entertaining program. President Karen handed out a synopsis of the February 5th committee meeting. She explained that the heating at the American Legion meeting room was not working, that is why the last minute change of venue to the Ballard House.

Jill Storlie recommended that a proof of payment should be necessary to receive a refund from registration to Norwegian Ridge Language Camp. Giants of the Earth can give a receipt at the time of payment. She said it would be nice to have the students of the Camp give a small report, of their time at the camp, to the Sons of Norway--also maybe a thank you note or something.

The members passed a motion to reduce the refund of tuition from 50% to 25%. President Karen said that the Norwegian Ridge Language Camp needs volunteers for both weeks of the camp.

The Post Office has given permission to have people submit a design for a stamp about Norway in honor of the 200th anniversary of Norway's constitution and its independence from Denmark. The stamp will measure 2" x 4" and be on sale in May. The stamp will be advertised and promoted. The deadline for submission is March 10, 2014.

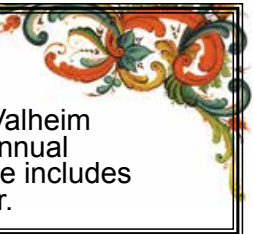
Geneva Tweeten reported that the Book Club is reading "Twelve Years A Slave" by Solomon Northrup. The book is about his being kidnapped and sold into slavery for 12 years. Geneva will be serving coffee from a recipe in the book. She is trying to locate a movie that the Book Club can view.

Loretta Knutson brought brochures about Sons of Norway membership, activities and cultural skills.

Linda Nerstad-Kemp reported that the Bluff Country Gallery is hosting a "Love Your Heart" speaker on Tuesday, February 11, from 6 p.m. to 8 p.m. They will also be serving healthy snacks.

Jill Storlie is teaching a series of painting classes in late February or early March on Mondays. Students can sign up for one or all four classes. She will teach Norwegian landscape in the first session, Flat Plane Figurative Painting in the second, 'The Scream' in the third and folk art border in the fourth. The fee is \$50.00 for all four classes plus materials. She will only be able to have 12 students in any one class. The efforts of the students will be displayed during Syttende Mai.

*Respectfully submitted*  
Kati Peterson  
Secretary



The Valheim Tidende is the official publication of Valheim Lodge 1-364. The Tidende is published 6 times a year by Valheim Lodge, Spring Grove, MN. Annual membership in Valheim Lodge includes subscription to this newsletter.

# Bok Forening

(Book Club)

The March read is "Legend of Siljatjern Seter" by Gunlaug Nokland. It is the story of Mette agreeing to take a summer job as a budeie (dairy maid) on an old-fashioned demonstration dairy called Siljatjern (Silja's pond) Seter.



Possible reads for April are "This Shining Land" by Rosalind Laker or "Grand Opening" by Jon Hassler.

Book club meets at 2:00 p.m. the third Tuesday of the month in room 103 at the Spring Grove Public Library. We welcome all to join. Contact

Geneva Tweeten if you would like more information.

# March/April

						1
2	3	4	5 Oranda Sinclair	Board Meeting 4:15 @ Ballard House	7	Monthly Mtg 11 a.m. @ American Legion
9 Dennis Hoity	10	11	12	13 James Wilhelmson	14	15
16	17	18 Book Club	19	20	21	22 Lee Grippen
23	24	25 Robert Newhouse	26	27	28	29
30 Emma Landsom	31 Cheryl Skifton	April	2 Deb Nelson Gourly	Board Meeting 4:15 @ Ballard House Kolton Nerstad	4	5
6	7	8 Kennedy Grippen Mavis Johnsrud	9	Monthly Meeting Lanesboro our Guests 7:00 p.m. @ American Legion	10	11
13 Palm Sunday	14	15 Book Club	16 Norman Storlie	17	18	Flatbread Day Alfred Hagen
20 Easter Sunday	21	22	23 Miranda Knutson	24	25	26
27	28	29	30			Gratulerer med dagen!

# VESTERHEIM CLASSES

Decorah, IA  
Check out all the happenings at Vesterheim at [www.vesterheim.org](http://www.vesterheim.org)

## March 13-16

Nålbinding—A Practical Fiber Art  
Kate Martinson

## April 4-5

Researching Your Norwegian Roots  
Jerry Paulson

## April 5

Flettet Kurv (Braided or Woven Basket) Tote  
Jean Schutte

## April 11-12

Lefse and Flatbread—It's Not Just Potatoes!  
Darlene Fossum-Martin

## April 13

Seven Traditional Christmas Cookies of Norway  
Darlene Fossum-Martin

## April 25-27

Handcarving Wooden Spoons and Kitchen Utensils  
David Østrem

## April 26

Sámi Inspired Bracelets  
Norma Refsal

## May 2-4

Telemark Rosemaling: Design and Painting  
Sunhild Muldbakken

## May 3

Preparing Kransekake From Start to Finish  
Carrie Solberg

# The Houston County Historical Society Book Sale



The Houston County Historical Society

Book Sale will be held on Saturday March 15, 8:00 - 3:00;

Sunday March 16th from 1:00 - 4:00.

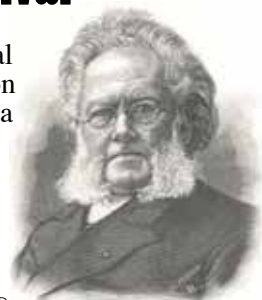
On Sunday \$5.00 bag sale and priced books reduced. The book sale will be in the basement of the

Historical Society's New Building at the Fair Grounds. The big brown building, you can't miss it! If you

have books you would like to donate before then, call Georgia Rosendahl 498-3318.

# Commonweal Theater in Lanesboro to hold its 17th Annual Ibsen Festival

April 11-13, 2014 Don't miss the 17th Annual Ibsen Festival, featuring a world premiere adaptation of Ibsen's rarely produced masterpiece "Brand". In a desperate search for a new vision of humanity, fundamentalist pastor Brand demands strict adherence to an ideal of absolutes. For more info check out <http://www.commonwealtheatre.org/ibsen.html>



## Celebrating Long Time Members

Thank you to all of these members who have achieved milestones for being Sons of Norway members  
Thank you as well, to all of our members!  
Together we make up Valheim Lodge, 85 years strong!



450 Years of Experience! Wow!! The pictured members were in attendance at our February meeting and received pins: Jim Wilhelmson (50 years), Georgia Rosendahl (35 years), Marlys Bjerke (50 years), Dr. Dale Buxengard (25 years), Judy Melbostad (50 years), Lee Grippen (40 years), Edith Nerstad (50 years), Glenn Morken (50 years), Emma Landsom (40 years), Marland Bjerke (50 years). Many folks were unable to attend, including Lila Mahr, Truman Omodt and Agnes Swenson all who have earned membership certificates of 60 years.

25 years  
BevAnn Brevig  
Dr Dale Buxengard  
Bonnie Haugen  
Vance Haugen

30 Years  
Robert Stoskopf

35 Years  
Janet Fossum  
Deb Nelson  
Gourley  
Genevieve Holty  
Georgia Rosendahl  
Betty Storlie  
Norris Storlie

40 Years  
Lee Grippen  
Mavis Johnsrud  
Emma Landsom  
Larry Lane  
Nancy Carol Nelson  
Donna Omodt  
Oranda Sinclair

50 years  
Marland Bjerke  
Marlys Bjerke  
Harriet Ellingson  
Judith Melbostad  
Glenn Morken  
Edith Nerstad  
Beulah Onstad  
Norman Storlie  
James Wilhelmson

60 years  
Lila Mahr  
Truman Omodt  
Agnes Swenson  
Ralph Lane\*

## 2013 ANNUAL REPORT

Start of year \$7251.64  
End of year \$7003.93  
(includes a \$2400.00 CD)

### Income

Lunch money \$188.50  
Bake sales -Sytende Mai \$823.25  
    Uff da Fest \$445.28  
    Christmas \$853.10  
Donations \$392.96  
(includes \$322.96 from Dahler est.)

### Expenses

Donations to community organizations  
\$1229.00 (inc. 2 bus trips)  
Refund of 1/2 camp dues (5 students)  
\$662.50  
Newsletter expenses \$865.06  
Speakers at meetings \$255.00  
Liability insurance \$143.00

*Disclaimer: this is not a complete list. For more complete treasurer report, see Loretta Knutson, Valheim Treasurer*

## Congratulations Loretta

Loretta Knutson walked 180 miles....  
enough miles for her Silver walking pin.  
Keep up the good work!



## Stoughton Norwegian Dancers

April 6, 2014 2pm  
Holmen High School Gym  
1001 McHugh Road in Holmen, WI.



Sponsored by the Wergeland Sons of Norway Lodge in La Crosse  
Featured along with the dancers will be a bake sale of traditional Norwegian baked goods.  
Tickets are \$8.00 for ages 19 and over and \$4.00 for ages 6 to 18.  
Five and younger are free.

Sons of Norway  
Valheim Lodge 1-364  
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PO Box 472  
Spring Grove, MN 55974

## Return Service Requested



MARCH/APRIL 2014 VALHEIM TIDENDE SONS OF NORWAY, VALHEIM LODGE 1-364 SPRING GROVE, MINNESOTA 55974

# 2014 LUNCH SERVERS

*First person is the chairman. This person calls the others on the list. As servers, your responsibilities are to set up the lunch items, provide coffee and other beverages, paper products and clean up. Each month, ALL MEMBERS bring "finger foods".*

**March 8, Saturday** - Lee Grippen, Bonnie & Vance Haugen

**April 10, Thursday**-- Lanesboro, Heimbygda Lodge our guests; Judy Melbostad, Betty & Dennis Holty, JC & Darla Nerstad, Al Hagen, Nancy Nelson

**May 8, Thursday** - David & Kati Peterson, Tom Murphy, Larry Lane

**June 12, Thursday** - Geneva Tweeten, Truman Omodt, Jacki Parker

**July 10, Thursday** - Janet Fossum, Chuck & Pearl Holland, Mike Schmidt

**August** - Picnic in Winona

**September 11, Thursday** - Diane Nerstad, James Skree, Betty Storlie

**Thursday, October 9**-- Westby Lodge our guests; Jill Storlie, Richard Storlie, Bob & Dode Stoskopf, Judy Tollefsrud, Jay Tolleson, Cheryl Skifton, Rachel Storlie

**November 13, Thursday** - Linda Nerstad-Kemp, Thomas Trehus, David Virock, Lois Wilhelmson

**December 11, Thursday** - Christmas party at Ivy Grove



### **FOOD SHELF**

If you bring food shelf items to a monthly meeting ---we will see that they get delivered to the Houston County Food Shelf!

### **LEARN, LAUGH, EAT! FLATBREAD DAY 2014 -- SATURDAY, APRIL 19**

at Trinity Lutheran Church. Be sure to come. Bring a friend or two and have a fun time!!

**SYTTENDE MAI** Bake Sale, Displays & Demonstrations at the Legion, Saturday, May 17th.

More info to come.