

THE VALHEIM TIDENDE




Volume 16 Issue 3

SPRING GROVE, MN 55974

May/June 2014

Editors:

Georgia Rosendahl &
Karen Fried
18346 Bee Hill Dr.
PO Box 472
Spring Grove, MN 55974
507-498-5611
bfried@springgrove.coop
rosefarm@springgrove.coop
[www.http://sgfrieds.wix.com/valheimlodge](http://sgfrieds.wix.com/valheimlodge)

SPRING = SYTTENDE MAI!

Spring, I think its' here! But, whatever the weather, it is May and that means Syttende Mai! This year marks the 200th anniversary of the signing of Norway's Constitution. Although their independence from Sweden came a hundred years later, if it wasn't for their constitution, they may never have become a sovereign state. So...we celebrate!

SYTTENDE MAI, MAY 17 -- Join in all the festivities in Spring Grove!

Our Lodge will be at the Spring Grove American Legion. 9:00-noon and after the Parade until 4:30

Bake Sale/Demonstrations/Displays

We are asking all members to donate baked goods for the Bake Sale. Please have your items to the Legion by 8:30 a.m. on Saturday morning. If you have any questions about the Bake Sale, please contact Judy Melbostad or Emma Landsom.

We have a good line up of Demonstrations and Displays, but if you would like to demonstrate something, or have a display, please let Karen or Lee know. This is Syttende Mai, it's a big deal, and we would like to make our event a BIG DEAL!

Parade, 1:30

Once again we are asking whoever can, please ride in the boat for the parade. Wear a bunad, a red vest or something Norwegian. As of now, the plan is to load near the Legion about 12:30. If you board at the Legion, you will be dropped off at the Legion after the parade. A great Cruise Around Town!

Beyond Syttende Mai....

June 4 -- Board Meeting, 4:15 at the Ballard House

June 12 -- Regular monthly meeting at the Legion SHOW AND TELL

We encourage everyone to bring an item to show and tell. Very informal but should be very interesting.

June 17 -- Book Club is taking a road trip!! To the Locust School and the Highlandville School.

Attendees are asked to bring their lunch, just like when you went to country school. More details to come, but at this time, the plan is to leave Spring Grove around 10:30 to be at Locust School at 11:00. For more information, please contact Geneva Tweeten, 498-3438.

June 28 -- We welcome Kristiana Lodge from Rochester at the Ballard House! They are here to learn more about Giants of the Earth Heritage Center as well as other Spring Grove highlights.

We (Valheim Lodge) will be serving morning coffee and noon lunch. If you are able to help out, please let Karen know.

June 9-13 and 16-20 Norwegian Ridge Language Camp, here in Spring Grove at Giants of the Earth Heritage Center. Tuition remains the same this year: \$195 for Session One and \$295 for Session Two. It is possible to register online at norwegianridge.org or contact Karen Gray, 498-5617. Valheim Lodge does offer scholarships to this camp to children, grandchildren and great grandchildren of Valheim members. To find out more info about the scholarship, please contact our treasurer, Loretta Knutson. (507) 724-2140 landlknutson@gmail.com

2014 Officers

President
Karen Fried
Vice Pres.
David Peterson
Counselor
Vernon Roble
Secretary
Kati Peterson
Treasurer
Loretta Knutson
AsstSec/Treas
Jill Storlie
Membership
Loretta Knutson
Social/Cultural
Lee Grippen
Marshals
Emma Landsom
Janet Fossum
Greeters
Morris/Geneva Tweeten
Judy Melbostad
Editors/Publicity
Georgia Rosendahl &
Karen Fried
Historian
Georgia Rosendahl
Trustees
Lawrence Knutson
Auditor
Darrell Sinclair
Sports Director
Diane Nerstad &
Linda Nerstad-Kemp

APRIL MEETING

Lanesboro Lodge members were our guests and the Highland Singers were our program. Frida Bryn, exchange student from Norway >>



JC Nerstad and his grandmother Edith



FLATBREAD DAY

Flatbread Day was April 19. We made flatbread, goro, sandbakels, and heart waffles. We had lots of good fellowship and lots of good food. Thanks to all who came!



BOOK CLUB

The third Tuesday of each month many members gather to discuss the monthly book. Thank you to Geneva for making this such a wonderful ongoing event



THE CONSTITUTION OF 1814

Norway's first constitution was adopted by the National Assembly at Eidsvoll on May 16th, 1814, and dated and signed on May 17th, 1814. It was modern and forward thinking for its time, with inspiration from the US Declaration of Independence of 1776 and the French Revolution of 1789.

The main principles of the Constitution are:

- People's Sovereignty (People's right to rule through elected representatives)
- Separation of Powers (Power balance between the legislative, judicial, executive power)
- Human Rights (Rule of law, voice and speech)

The Constitution of 1814 was written by men who wanted Norway to secede. Greater policy decided otherwise, and Norway became forced into a union with Sweden later in the year. The Constitution was retained, but was slightly modified to accommodate the new union with Sweden. The main principles of the Constitution were upheld, and laid the foundation for the union's dissolution in 1905 and the development of Norwegian democracy.



The original constitution document is a short piece of paper, marked by the test time. It is therefore not available to the general public. It lies safely in the Parliamentary archives, where the right temperature and humidity process slow down the natural degradation. The Constitution is in turn digitized, so those who wish can study the document.

Written at Eidsvoll, the Constitution was probably penned by Trønder native, Johan Matthæus Buschmann. It is apparent in the text on the Constitution that the work was rushed in the spring of 1814. For the Constitution to become what it is he wrote with very simple Gothic handwriting, without ornamentation of any kind, and one will find some typos.

The legal text is written in simple notebook like paper. The document is seen in a heap of 12 sheets of paper that are fastened together to 24 pages with a linen thread. All together it is 48 pages. The text has 110 paragraphs and is divided into five chapters. Following the legal text is the authorization from the National Assembly designated by 112 representatives' signatures with red wax seals. Finally, is the signature from the king.

Matlyst Monthly Midsummer Campfire Bread and Hot Dogs

Adapted from www.thefamilydinnerbook.com

- 1½ cup warm water
- 3tsp active dry yeast
- 4 cups (or more) all purpose flour
- 1 tsp sugar
- 2 tsp salt
- 2 tbsp olive oil + a little extra
- 12 Hot dogs
- Long sticks, bamboo poles
metal skewers
- Ketchup and mustard



Mix warm water and yeast in a bowl or standing mixer. Let stand for 5 minutes or until yeast dissolves.

Add remaining ingredients, stirring until well combined. If using a standing mixer, mix with dough hook for 5 minutes, otherwise transfer dough mixture to lightly floured surface. Knead until smooth, add flour in increments if dough is sticky. Continue kneading for at least 5 minutes. Cover with plastic wrap and let dough rise in a warm area until the dough doubles in size, roughly 1 hour.

Punch dough down and drizzle with olive oil. Transfer to a portable bowl with a lid.

Prepare a fire and let it burn down to red coals.

Thread a hot dog onto a skewer or stick. Take a small plum sized portion of dough and roll between hands until you have a rope.

Twist dough around hot dog and hold over coals, rotating until bread is golden and cooked and hot dog is warmed.

Valheim Lodge Meetings

March 6, 2014

The Executive Board of the Sons of Norway, Valheim Lodge 1-3464, met on Thursday, March 6, 2014, at 4:15 p.m. in the Heritage Hall in the Ballard House, President Karen Fried presiding.

Lee Grippen reported that the serving committee for March had everything well in hand.

Judy Melbostad said she would need help getting the tubs and paper goods transferred from her garage to the new cabinet we have in the basement of the American Legion building.

Geneva Tweeten reported that the Book Club had read 11 books and viewed 8 movies associated with the books, had several speakers and had visited the orphanage museum in Owatonna in 2013. The total amount of books read was 165 and viewed 21 movies. The Club will continue reading "12 years A Slave" in March. In April they will read "This Shining Land" by Rosalind Laker. Or they can read "O Pioneers" by Willa Cather or "Where The home Fires Dies". The Book Club has been in existence for 7 years.

Stoughton Norwegian Dancers will be performing at the Holmen High School on April 6, 2014, beginning at 2 p.m. Lee Grippen said he has tickets available. The dancers wear Norwegian bunads and perform traditional dancers.

Flatbrød Day will be on Saturday, April 19. We will be able to use the kitchen at Trinity Lutheran Church.

The Syttende Mai committee sent a letter saying that they have had to cut back on the Syttende Mai activities due to lack of volunteers. The celebration will be on Saturday, May 17, only. The Blast Off event will take place on Friday evening, May 16. There will be no Sunday activities and no Syttende Mai buttons sold. Trinity Lutheran Church will still hold their meatball dinner on Sunday.

The Sons of Norway will hold our usual Bake Sale and demonstrations, with samples by Janet Fossum, Heart waffles by GenevaTweeten and fresh lefse if we can find someone to roll it. President Karen Fried will be out of town that week-end. For other demonstrations we will contact Donnie Ellestad for his pictures and scrap books of old Spring Grove; Steve Guberud about carving, Bonnie Solberg for rosemailing or hardanger; Judy Melbostad demonstrate knitting; Kati Peterson, crochet or bunads, Geneva Tweeten the Book Club.

Vice-President David Peterson will make sure the American Legion meeting room has been reserved for us for May 17. He also knows where he can borrow a pickup to tow the boat in Saturday's parade. He will need someone to help hook up and put away the boat.

President Karen read a thank you note from Vesterheim for the donation we made to the Banelopt held in February. Another thank you was received from Darlene Fossum-Martin for the cookies and volunteers.

Vice-President David Peterson made a motion to donate \$25.00 to the benefit being held for Kyle Wiemerslage. Judy Melbostad seconded the motion. Motion was passed by Sign of the Order.

President Karen reminded us that the District Convention will be held from June 12 -14 in Duluth, Minnesota. Delegates do not need to have Sons of Norway Insurance to represent the Lodge.

Norwegian Ridge Language Camps will be held June 9 - 13 for 4 - 7 year olds and June 16-20 for all who are 8 and older. The registration fees will be the same as last year.

Lee Grippen and Emma Landsom thanked everyone for the sympathy cards they had received.

A day trip to the Locust school or the Fillmore

county museum were suggested.

A sympathy card was sent to the family of Ralph Lane.

Respectfully Submitted
Kati Peterson
Secretary

March 8, 2014

The March meeting of the Sons of Norway, Valheim Lodge 1-364, was held on Saturday, March 8, 2014, in the American Legion meeting room; President Karen Fried presiding.

The anthems were sung.

President Karen requested a moment of silence in memory of long time member Ralph Lane.

Lee Grippen introduced Lourann Gilbertson, head curator for the Vesterheim Norwegian American Museum in Decora, Iowa. She presented a slide show about Norwegian Lutheran Deaconesses.

After lunch, President Karen reconvened the meeting. She reported that 68 children had participated in the Banelopt in February. She read thank you notes from the Vesterheim Museum and Darlene Fossum-Martin.

Lee Grippen reported that there is to be a noon luncheon at the Radisson Hotel in LaCrosse, Wisconsin, on Sunday, March 16, from 11:30 a.m. to 1:30 p.m. There will be a display of Norwegian knitting and fabric crafts. The cost is \$25.00 per person.

President Karen thanked Kati Peterson for all the time and effort creating the annual Lodge Report.

President Karen announced that the new cabinet for storing Sons of Norway property has been installed in the American Legion basement room. Vice President David Peterson announced that anyone having Sons of Norway property could bring it to the Legion and it would be stored in the cabinet. Lawrence and Loretta Knutson had picked up the cabi-

net from Menards and Cris Reque had assembled it. President Karen will see about getting a plaque for the cabinet stating the cabinet is owned by the Sons of Norway and was donated to them from the Connie Dahler estate.

Emma Landsom and Lee Grippen thanked the Lodge for all the sympathy cards and prayers they had received in the loss of their loved ones.

Loretta Knutson had certificates and pins for 4 members reaching certain years of membership who had not been at our February meeting.

Geneva Tweeten requested that each member of the Book Club bring an antique cow bell to the March 18th meeting. The setter used them to keep track of the cows in their care. Each bell had a different sound that helped the setter keep track of where they were. The Book Club will be discussing "Where the Home Fires Died. It tells about life in the Norwegian family in Norway and how they could contact family members in the United State when the German army occupied Norway during WWII.

Flatbrød day will take place on Saturday, April 19, from 9 a.m. to 11 a.m. in the Trinity Lutheran Church kitchen. You may make the dough at home or in the kitchen that day. President Karen will make signs to advertise the day. Loretta Knutson will place an ad in the newspaper before the 19th.

Our plans for Syttende Mai, Saturday May 17, will be the same as last year with a Bake Sale and demonstrations. Vice President David will contact J.C. Nerstad about using one of his vehicles to pull the boat in the parade and getting help hook up the boat and help put it away after the parade. Direct any suggestions to a Lodge officer or bring it to the next meeting regarding our Syttende Mai activities.

Our lodge was 85 years old this past December. A committee of Karen Fried, Lee Grippen, Loretta Knutson, Janet Fossum, and Judy Melbostad will try to plan an event.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members.

The Sons of Norway district convention will be held from June 12 to June 4 in Duluth, Minnesota. If anyone is interested in representing the lodge they may contact President Karen. We can have 3 delegates. Non-members can go along.

After discussion it was decided to change the percentage of member reimbursement from 50% to 25% for registration to the Language Camp and they must be a member by December 31 of the prior year.

President Karen read the March Birthdays. The birthday song was sung.

Our Lodge will host the Lanesboro lodge our April 8th meeting. Members are asked to prepare a little extra food. The Highland Singers are the program for that evening. We will begin at 7 p.m.

Remarks for the good of the order:

Lee Grippen reported that the Stoughton Norwegian Dancers will present a program on April 6 at 2 p.m. in the Holmen High School. Lee has tickets if anyone would like to attend the event.

Georgia Rosendahl reported that the Houston County Historical Society is holding a book sale on March 15 & 16 in the basement of the new Historical Society building in Caledonia, Minnesota.

Georgia also read an article that had been translated from Norwegian to English and noted how the results could be so different. Vance Hougan stated that he could reach Trondheim on his hand held tablet and the tablet would translate from Norwegian to English automatically.

Loretta Knutson reported that the Garden Club of Caledonia was hosting a speaker on March 29. The topic will be "Can You Dig It?" The American Legion Auxiliary is holding a rummage sale on Saturday, March 22.

The next board meeting will be held on Wednesday, April 30 at 4: 15 P.m. in the Ballard House.

Respectfully Submitted
Kati Peterson
Secretary

April 10, 2014

The April meeting of the Sons of Norway, Valheim Lodge 1-364, was held on Thursday, April 10, 2014, in the American Legion meeting room. President Karen Fried called the meeting to order and welcomed our guests from Heimbygda 1-376 in Lansboro, Minnesota.

The anthems were sung.

Our program for the evening was the Highland Singers.

The Table Prayer was sung in Norwegian. We enjoyed a delicious meal.

President Karen reconvened the meeting.

Geneva Tweeten reported that the Book Club reading 'A Shining Land' by Rosalind Laker. It is about the German invasion of Norway in WWII. The Club will meet at 2 p.m. on Tuesday, April 15. We will also have coffee.

Our Bake Day is scheduled for Saturday, April 19, at Trinity Lutheran Church. The event is open to everyone. Heart waffles and other Norwegian goodies as well as flatbrød will be made.

Our May 8 Lodge meeting will be held at the Ballard House in Heritage Hall. Norma Wangsness will be our speaker. She will be discussing Sigmund Arseth, the artist.

Saturday, May 17, is the 200th anniversary of Constitution Day, Syttende Mai. The Lodge will have demonstrations and displays in addition to riding in the Viking ship in the parade.

We have received an invitation to join Valdres Lodge in Decorah, Iowa, for a Constitution Day Dinner on May 20th at the Washington Prairie Lutheran Church. They are asking for reservations by May 5, 2014. The cost is \$15.00 per person.

On Thursday, April 24, Micheal and Bonnie Jurgensen will present 'Classics at the Cinema'. This will be 'Music of Theodora Carmon-ton with illustrations.' The event will begin at 7 p.m. in the Spring Grove Cinema.

June 14 is the opening day of the District One Sons of Norway Convention in Duluth, Minnesota.

Lynn Susang of Heimbygda Lodge invited us to join them during the Lanesboro Ibsen Fest, beginning April 11, 2014. Lee Grippen introduced his "granddaughter from Norway", Frida Bryn. She is an exchange student at Spring Grove High School.

The meeting was adjourned.

Respectfully Submitted
Kati Peterson
Secretary

April 30, 2014

The Executive Board of the Sons of Norway, Valheim Lodge 1-364, met on Wednesday, April 30, 2014, at 4:15 p.m. at the Ballard House; President Karen Fried presiding

Flatbrød day went really well. Everyone enjoyed the day. Discussion took place about holding another Bake Day before our annual Bake Sale in December. The Board decided to revisit the discussion in September.

The Book Club is reading 'Shepherd of the Hills' by Harold Bell Wright in May.

In June, Book Club is going to the Locust school and Highlandville school, bring your lunch in a pail.

The May 8 lodge meeting will be held in Heritage Hall in the Ballard House. The servers will need to pick up needed items from the cabinet at the Legion.

Loretta Knutson said that she has more awards to be given out.

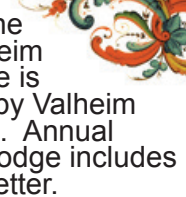
President Karen reminded us that we need to get our reservations made by May 5th for the Constitution Day Dinner on May 20 at Washington Prairie Lutheran Church that Valdres Lodge is sponsoring.

Judy Melbostad said she would help Emma Landsom with the Syttende Mai Bake Sale. They will need help to move the tables into place. All foods need to be priced and at the Legion by 8:30 a.m. on Saturday, May 17.

Vice President David Peterson will order and pick up 100 rounds of lefse from Rushford for the sale.

President Karen said that the Queens Banquet and announcement of the Syttende Mai honorees will be held on Friday, May 16, at the Fest Building.

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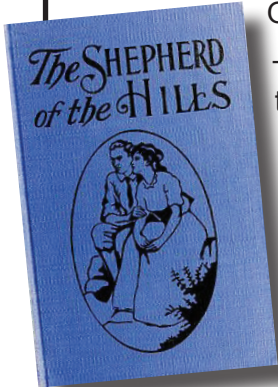


The Valheim Tidende is the official publication of Valheim Lodge 1-364. The Tidende is published 6 times a year by Valheim Lodge, Spring Grove, MN. Annual membership in Valheim Lodge includes subscription to this newsletter.

Book Evening

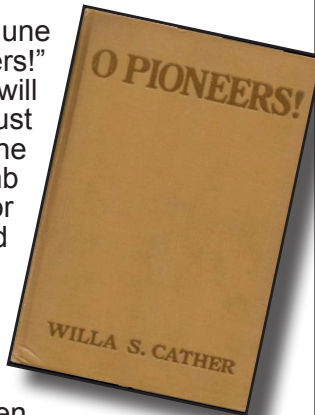
(Book Club)

The May read is "Shepherd of the Hills" by Harold Bell Wright. The story depicts the lives of mountain people living in the Ozarks.



The main story surrounds the relationship between Grant "Old Matt" Matthews Senior and Dad Howitt, an elderly, mysterious, learned man who has escaped the buzzing restlessness of the city to live in the backwoods neighborhood of Mutton Hollow.

The June book is "O Pioneers!" by Willa Cather. They will be meeting at the Locust School to discuss it. June 17, Book Club will climb into their cars and motor to the Locust School and then the Highlandville School. This event is open to anyone, but if you go with, bring your lunch in a "bucket" like when students would attend country school.



Book Club normally meets at 2:00 p.m. the third Tuesday of the month in room 103 at the Spring Grove Public Library. We welcome all to join. Contact Geneva Tweeten if you would like more information.

May/June

			Board Meeting 4:15 @ Ballard House	1	2	3
4	5	6	7 Mike Schmid Richard Storlie	Monthly Mtg 7pm @ BALLARD HOUSE Donna Peterson Nancy Nelson		10
11	12 Jacki Parker Janet Fossum	13	14	15	16	17 Bake Sale at Syttende Mail
18	19	20 Book Club	21	22	23 Lorraine Solum	24
25	26 Memorial Day	27 Maurine Frydenlund	28	29	30	31
JUNE	2 Agnes Swenson	3 Isaac Nerstad	4 Board Meeting 4:15 @ Ballard House	5	6 Tom Murphy	7 Lorraine Hagen
8	9	10 Judy Melbostad	11 Board Meeting 7:00 p.m. @ American Legion	12 Norwegian Language Camp	13	14
15	16 Book Club to Locust School K. Fried	17 Norwegian Language Camp	18	19	20 Diane Nerstad	21 Betty Dowe
22	23 Charles Holland	24	25	26	27	28 Kristiana Lodge visiting Giants
29	30 Larry Lane					Gratulerer med dagen!

VESTERHEIM CLASSES

Decorah, IA
Check out all the happenings at Vesterheim at www.vesterheim.org

- June 5-8** Rogaland Rosemaling with Ruth Green
- June 6-8** Dragonstil Woodcarving with Becky Lusk
- June 7-10** Bunad Camp with Sue Sutherland
- June 9-13** Beginning and Intermediate Acanthus Carving with Hans Sandom
- June 14-15** Rosemaling Borders with Sara Tollefson
- June 16-20** Intermediate and Advanced Acanthus Carving and Painting with Hans Sandom
- July 10-13** Swedish Painting with Sallie Haugen DeReus
- July 15-18** Rosemaling in the Gudbrands-

- dal Style with Andrea Herkert
- July 15-18** The Art of Painting Nisser and Trolls with June Nyberg
- July 15-17** Shrink Boxes—The Art of Carving Waterproof Containers from Green Wood with Jim Sannerud
- July 18** Milk Paint—Preparing, Mixing Colors, and Painting Your Wooden Objects with Jim Sannerud
- July 19-23** Creating Your Norwegian Knife with Gene Tokheim
- July 19-23** Weaving a Double Weave in the Scandinavian Style with Laura Demuth
- July 20-23** Rosemaling in the Hallingdal Style with Donna Benson
- July 12-23** Rosemaling in the Os and Vest-Agder Styles with Trudy Peach
- July 20-23** Handcarving the Norwegian Bowl with Jon Ström

*A Special Gratulerer med dagen to Agnes Swenson!
She will be turning 99 on June 1*

Healing thoughts and prayers to the following members and family members:

Norman Storlie
Donna Omodt
Sharon Storlie,
Jill Storlie's mother
Angela Murphy,
Tom Murphy's wife

APRIL 30 CONTINUED --

President Karen reminded us that she will not be here on May 17....if someone else would like to demonstrate lefse, they are welcome to do so.

Vice President David will talk to J.C. Nerstad about use of a vehicle to pull the boat in the parade and to help hook it up and put it away after the parade.

Demonstrations or displays for Syttende Mai to date are:

David Susang - knife making

Lynn Susang - woodcarving

Bonnie Solberg - rose maling

Judy Melbostad - knitting

Janet Fossum - rommegrott

Darlene Fossum-Martin - Kolrosing

Kati Peterson - Bunads and crochet

Geneva & Jaci Tweeten - Book Club and Norwegian dolls

Lee Grippen - Krumkake

Geneva Tweeten - Heart waffles.

Demonstrators will be allowed to sell any of their wares they choose.

Loretta suggested contacting Deb Nelson Gourley and Jill Storlie said she would email Betty Dowe to see if either one of them was interested in participating in Syttende Mai.

Jill Storlie will also have Norwegian sweaters for sale during Syttende Mai at the Ballard House.

Jill reported that she had some pieces of masonite suitable for signs.

President Karen reported that she was asked by Jan Heisinkveld of Kristiana Lodge of Rochester, Minnesota, if we would provide a lunch for their group who will be touring several southeastern Minnesota spots on Saturday, June 28. They will be in Spring Grove about 9:30 a.m. Suggestions were to have Ivy Grove make the food and we would serve it at the Ballard House. Possibly a pulled pork sandwich, potato salad, cole slaw, pickles, chips and Spring Grove pop. We could make cookies and/or bars with coffee for dessert. Karen will continue to work on this.

There was a discussion on who takes care of the flags on the edges of town, some of them are in rather tough shape. David was going to look into it.

The next Executive Board meeting will be on Wednesday, June 4 at 4:15 at the Ballard House.


Respectfully Submitted

Kati Peterson

Secretary

Lee reminds us to save used postage stamps for Tubfrim. Bring them to any monthly meeting.

Pick up the latest Inspire(d) magazine and turn to the back page. There is an interview of long time Valheim member Genevieve Holty that was done by her grand daughter, Janelle. Or you can read it online: http://issuu.com/inspired_media/docs/spring14_inspiredbook_web



203 E. Main, Spring Grove
Trinity Lutheran Church
SUN., May 18
 11:00 AM - 1:00 PM
Syttende mai Trinity Fellowship Hall
meatball dinner
Meatballs & gravy, potatoes, glazed carrots, coleslaw, lefse, rommegrot, dessert, beverage (no beverage for carryouts) Half of proceeds go to Heifer International
\$9 adults & carryouts • \$5 age 5-12 • under 5 free

BLAST OFF BANQUET
Syttende Mai
 Spring Grove
 Friday, May 16 • 6:00 p.m. • Fest Building

Meet the Queen Candidates

 Lauren Arneson Daughter of Lisa Arneson Sponsored by A Gift to God	 Kailee Bjerke Daughter of Tom & Tina Sponsored by Terri Bjerke agent, Trivent Financial	 Carrie Hagen Daughter of Dan & Virginia Sponsored by Krus Oil
 Elizabeth Johnson Daughter of Dan & Kari Aistad Sponsored by Wilmington Mutual Ins.	 Abbey Schnell Daughter of Michael & Diane Sponsored by Delta Blue Moose	

6-7:30 p.m. Social Hour & Dinner
7:30 p.m. Program*
 SGHS Choir performs
Honorees Announcements:
 King of the Troils,
 Most Hoyakket Dams,
 Business Person of the Year &
 Honorary Norwegian
Crowning of Our Royalty:
 Crowning of the Queen, Little Miss,
 and their attendants
 *Admission is \$5.00 if not attending banquet

Tickets:
\$15 Adults • \$10 Choir Students
\$6.00 Kids 12 & Under

Available thru May 9th at:
 A Gift to God, Mulqueen's True Value,
 Spring Grove Herald, The Corner Bar,
 Merchants- Spring Grove branch, Solie's Services
 and Spring Grove Communications
 Advance tickets available: April 30 through May 9
 (after the 9th call Rachel Storlie at 507-458-1255)

Meet the Little Miss Candidates

 Alison Trydenlund Daughter of Alan & Amy Sponsored by Newgard Plumbing and Heating	 Kenadee Gerard Daughter of Heath Gerard & Tara Gerard Sponsored by Studio 44 Salon	 Maggie Lilie Daughter of Patrick & Juliana Sponsored by Grove Plumbing & Heating	 Maddlyn Ostern Daughter of Eric & Sarah Sponsored by Spring Grove Collision Center	 Shelby Ryan Daughter of Duane Ryan & Erin Ryan Sponsored by Viking Electric
 Peyton Thompson Daughter of Joshua & Niki Parvizi/Wierig Sponsored by World Strawberries	 Ella Wernes Daughter of Pete & Shari Sponsored by Waverick Communications KVVKNEL radio stations			

Sons of Norway
Valheim Lodge 1-364
Georgia Rosendahl &
Karen Fried
PO Box 472
Spring Grove, MN 55974

Return Service Requested



MAY/JUNE 2014

VALHEIM TIDENDE SONS OF NORWAY, VALHEIM LODGE 1-364 SPRING GROVE, MINNESOTA 55974

2014 LUNCH SERVERS

First person is the chairman. This person calls the others on the list. As servers, your responsibilities are to set up the lunch items, provide coffee and other beverages, paper products and clean up.
Each month, ALL MEMBERS bring "finger foods".

May 8, Thursday - David & Kati Peterson, Tom Murphy, Larry Lane

June 12, Thursday - Geneva Tweeten, Truman Omodt, Jacki Parker

July 10, Thursday - Janet Fossum, Chuck & Pearl Holland, Mike Schmidt

August 26- Picnic in Winona, 6:00

September 11, Thursday - Diane Nerstad, James Skree, Betty Storlie

Thursday, October 9-- Westby Lodge our guests; Jill Storlie, Richard Storlie, Bob & Dode Stoskopf, Judy Tollefsrud, Jay Tolleson, Cheryl Skifton, Rachel Storlie

November 13, Thursday - Linda Nerstad-Kemp, Thomas Trehus, David Virock, Lois Wilhelmson

December 11, Thursday - Christmas party at Ivy Grove



FOOD SHELF

If you bring food shelf items to a monthly meeting ---we will see that they get delivered to the Houston County Food Shelf!

SYTTENDE MAI FESTIVAL IN SPRING GROVE --- SATURDAY, MAY 17

